

SA Rheumatology COVID update

03 January 2022

As COVID-19 cases continue to rise in the community, and the situation continues to change quickly, there is a lot of information to read through and take in. There are a few key messages that we would like you to know.

What should I do if I test positive to COVID?

- Please respond to the survey from the COVID GP assessment team
- You will receive a phone call from the COVID GP assessment team to discuss your symptoms and a COVID care kit
- Please call your Rheumatologist/Rheumatology Registrar where you see the Rheumatology team to discuss your Rheumatology medications.

Please call the COVID response care team on 1800 272 872 (opt 2) **if you become COVID positive and have had symptoms for 5 days or less**. You may be eligible for specific COVID treatments. If you have any questions your GP or Rheumatologist.

What can I do to stay safe?

- Get vaccinated including your third dose or booster dose
- Wear masks
- Maintain social distancing
- Maintain good hand hygiene
- If you are a close contact of someone who is COVID positive, please get tested for COVID, following SA Health/CDC guidelines
- https://www.covid-19.sa.gov.au/__data/assets/pdf_file/0006/584475/22002.1-COVID-TIQ-Requirements-060122.pdf
- We are not routinely recommending that Rheumatology medications be stopped. Please contact your Rheumatology team if you are worried about your Rheumatology medications.

Please understand that the COVID situation changes quickly, and information today may be different tomorrow. For more advice and updates, please check the SA Health COVID websites: www.covid-19.sa.gov.au